

7th Annual Seikido OPEN

John Lemieux Memorial Tournament

May 2, 2009



www.forestcitytkd.com

Carling Heights Optimist Community Centre



www.worldseikido.com

Events: Pattern, Sparring, Self Defense and Weapons Kata

Self Defense will consist of five techniques

Weapons Kata will be for Colour Belts and Black Belts

REGISTRATION FEE

- \$45 for any two events

- \$5 for each additional event

Save \$5 when pre-registering by April 10, 2009

GENERAL ADMISSION IS FREE

SCHEDULE

9:00am to 10:00am - Registration

10:00am - Judges Meeting

10:10am - Demonstration

10:30am - Opening Ceremonies

10:45am - Competition Begins



All judges/referees please sign in by 9:45am

Director of Tournament

Master Doug Gagel



In loving memory of
Sensei John Lemieux

For more information or registration forms contact:

Tournament Organizer - Dave Wilkins
2009tourney@worldseikido.com