

6th Annual UWO Seikido OPEN

John Lemieux Memorial Tournament

May 17, 2008

Hosted At:

Carling Heights Optimist Community Centre

Events: Pattern, Sparring, Self Defense and Weapons Kata

Self Defense will consist of five techniques

Weapons Kata will be for Colour Belts and Black Belts

REGISTRATION FEE

- \$45 for any two events

- \$5 for each additional event

Save \$5 when pre-registering by May 1, 2008

GENERAL ADMISSION IS FREE



SCHEDULE

9:00am to 10:00am - Registration

10:00am - Judges Meeting

10:10am - Demonstration

10:30am - Opening Ceremonies

10:45am - Competition Begins

All judges/referees please sign in by 9:45am

Directors of Tournament

Master Doug Gagel
and

Master Russell Taylor
lseikido@execulink.com



Forest City Tae Kwon Do is
a Non-Profit Organization



In loving memory of
Sensei John Lemieux

For more information or registration forms contact:

Tournament Organizer - Dave Wilkins
dave.wilkins@worldseikido.com

OR

Tom Gougoulas
tgougoulas@hotmail.com

Visit our Website At: www.worldseikido.com