



4th Annual UWO Seikido Open  
**Tae Kwon Do**  
 John Lemieux Memorial Tournament  
**May 13th, 2006**

**Time:** Registration 9:00am to 10:00am  
 Masters Demonstration at 10:00am  
 Judges Meeting at 10:30am  
 Self Defense Competition at 11:00am

**Location:** Alumni Hall  
 University of Western Ontario  
 Free Parking at Springgate Lot

**Registration Fees:** \$40 for any two events  
 (Pattern, Sparring, Self Defense or Weapons Kata)  
 Additional \$5 for other Event  
 Self Defense will consist of five techniques,  
 Weapons Kata will be for Colour Belts and Black Belts

(Early registration \$5 Discount  
 before Sunday, April 30, 2006)

Make Cheques payable to:  
 Forest City TKD  
 31 Sloane Crescent  
 London, ON  
 N6E 3A7



All Judges/referees Must be in full  
 Black Belt Uniform  
 Master will be in Suit & Tie



General Admission  
 \$5 per person  
 UWO Students Free Admission  
 with Student Card

**Contacts:**

Tom Gougoulas & Fatima Almeida  
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**Director of Tournament**

Master Doug Gagel  
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In Loving Memory  
 of  
 Master  
**John Lemieux**



Forest City Tae Kwon Do  
 is a Non - Profit Organization

For Information and Entry form's visit:

[www.worldseikido.com](http://www.worldseikido.com)